

# 2026 Tri-State Tidal Wave LCM Masters Meet

Saturday, June 13 - Sunday, June 14, 2026

## Niagara District Masters Swimming

Swim Meet Registration



### Registration Schedule

It is now 5:30:34 PM Eastern Time (EDT) on Sunday, March 15, 2026.

	Open	Close
Swimmer Registration	Mon, Mar 9, 2026 06:00 AM	Tue, Jun 9, 2026 11:59 PM

**This competition is limited to the first 200 entrants.  
Currently there are 0 entrants.**

Online Registration is in 'Build' Mode.  
More Information Coming Soon...

Order of Events  
\*New Feature\*



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Allegheny Mountain, Lake Erie and Niagara LMSCs are hosting an indoor LCM meet to open the summer season of swimming on the North Coast. Sign up early to guarantee your favorite events.

**2026 Tri-State Tidal Wave LCM Masters Meet**  
**Hosted by Allegheny Mountain, Lake Erie and Niagara LMSCs**  
**Saturday and Sunday, June 13 and 14, 2026**

Burt Flickinger Athletic Center  
21 Oak Street, Buffalo, NY 14203  
June 13, 2026  
Sanctioned by the Niagara LMSC for USMS, Inc. #123-TBD

**DATE** Saturday, June 13, 2026. Warm-ups start for Session 1 at 9:00am. **No deck entries.** This is a pre-seeded meet. Event #1 (200 freestyle relay) will start at 10:00 am. Session 2 with 2 events will start no earlier than 10:00 am. Warm-ups for Session 2 will be available at 9:00 a.m. For Session 1 relay deck entries must be at the Admin Desk by 10:00am. **Competition will be limited to 200 swimmers so apply early!**

**LOCATION** The Burt Flickinger Athletic Center complex is located at 21 Oak Street, Buffalo, NY 14203. This is an indoor pool.

**Directions:**

From the North (Tonawanda/Niagara Falls), take I-190 South toward downtown Buffalo. Exit 6 (Elm Street). Right turn onto North Division Street. Right turn onto Oak Street. The center will be on your right at the corner of Oak and South Division.  
From the South (Orchard Park/Hamburg/PA), take I-190 North (NYS Thruway) toward downtown Buffalo. Exit 6 (Elm Street). Immediately after exiting, look for parking lots to your right. The center is located at the corner of Oak and South Division Streets, just a block or two from the ramp.

From the East, (Airport/Lancaster/Depew), take Route 33 West (Kensington Expressway) heading into downtown Buffalo. The expressway ends and turns into Oak Street. Continue south on Oak Street past Broadway and North Division. The center will be on your left at intersection of Oak and South Division.

From the West, (Peace Bridge/Fort Erie), after crossing the bridge, follow signs for I-190 South. Exit 6 (Elm Street). Right turn onto North Division Street. Right turn onto Oak Street. The center will be on your right at the corner of Oak and South Division.

#### **Parking:**

There are several pay-to-park surface lots directly across from the building on Oak Street and Michigan Avenue. There is also the Adam Parking Ramp 343 Washington St that offers a flat \$6 full day fee.

**Note:** If you are using a GPS, ensure it is set to 21 Oak Street, Buffalo, NY 14203.

#### **Lodging:**

Hotels are nearby in the city center including Hilton Garden Inn Buffalo Downtown, Courtyard by Marriot Buffalo, and the Buffalo Marriot at LECOM.

**POOL** *The competition pool is Olympic size (50 meters). It has 8 lanes. There is a bulkhead attached to the large pool. The small pool will be used for continuous warmup/cool down. It is 6 lanes and 25 yards at 4 - 4.5 feet deep.* The length of the competition course with bulkheads is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1. Times may be submitted for World and USMS records and USMS Top 10 times. **Due to a number of predetermined costs, no refunds will be issued unless the swim meet is cancelled.**

**ELIGIBILITY** U.S. Masters 2026 Swimming Rules will govern conduct of the meet. Because of insurance requirements, all swimmers must be registered U.S. Masters Swimmers. Swimmers may enter 5 individual events and plus 2 relays. Split requests do not count against this limit. Distance entries will count against the five individual event limit. Men and women will compete under the same event number and will be seeded by time without regard to gender. **All events will be pre-seeded and swum slowest to fastest based on entry time.**

**CCS** College Club Swimmers will be entered in the meet with their USMS bridge ID at a reduced entry fee with a coupon code which will be provided separately. The cost for CCS swimmers is \$30 after the coupon code which can be obtained by emailing the Meet Director at "[nabourke@buffalo.edu](mailto:nabourke@buffalo.edu)". Results will be included in the USMS results database by the meet director. For the results to be included in the CCS database, one attending CCS team must setup the meet within their CCS President account, obtain the meet file after the meet, update the IDs to the CCS ID format (numbers only), and send in the file to [collegeclub@usmastersswimming.org](mailto:collegeclub@usmastersswimming.org) within 7 days of the conclusion of the meet. Please contact the meet director if you have arranged for the meet results through a CCS President account.

**AGE GROUPS** Age of competitors on June 13, 2026 will determine age group. Age groups are: 18-24, 25-29, 30-34, 35-39, etc. For relays, the age group is determined by the sum of the ages of the swimmers: 72+, 100+, 120+, 160+, 200+, 240+, 280+ and so on. All relays can be swum with 4 women, 4 men, or mixed (exactly 2 women and 2 men). All relay teams will swim in the same event/heats regardless of the composition of the team. All relay members must be members of the same USMS club. Unattached swimmers may not enter relays. All heats will be seeded by submitted times, regardless of age or sex, **and will progress from "No Time" to slow to fast.**

**SPLITS** Swimmers who would like one or more intermediate split times submitted as official times must complete a USMS Split Notification Form indicating the distance for which splits should be submitted. Forms will be available at the check in table and should be submitted before the conclusion of the meet. An initial distance request must be submitted for relay leadoff splits and any initial backstroke distances in individual backstroke events. Submit the completed form to the admin official's table. Splits do not count against the limit of individual events. Swimmers in event #20 (1500 meter freestyle) will automatically have a split entered for the swimmer's 800 meter freestyle assuming electronic timing adequately documents the split at that distance. Again, no split request form is required for 1500 swimmers that desire an 800 split.

**RESULTS** A card indicating each individual's times in individual events will be available at the completion of the meet. In addition, results will be posted on SwimPhone usually within a day or two of the meet and available on USMS.org after clearing Top Ten review processing.

**DEADLINES** Online registration is required at USMS.org using ClubAssistant. Online entries will close at 11:59pm on Tuesday, June 17, 2025.

#### **ENTRY FEES**

- Entry Fee is a flat \$60.00 and ends at 11:59 pm on Tuesday, June 9, 2026. Note Entries are limited to 200 swimmers.
- College Club Swimmers please contact the Meet Director at [nabourke@buffalo.edu](mailto:nabourke@buffalo.edu) to obtain a coupon code for half off the flat fee.
- Entries are paid by credit card to ClubAssistant.com and your credit card will show a charge by "Niagara LMSC" for this swim meet.

**RELAYS** All Relays will be entered on the day of the meet. Blank relay cards will be available at the Check-in Desk the morning of the meet and must be turned in to the Admin Desk by 10:59 am before Session 1's start which will be no earlier than 12:30pm. Please print legibly. The relay card must include the name of the club, swimmer's names as they appear on their USMS registration cards in the order they will swim the relay: first name, last name, age and gender. All swimmers must be entered in the meet through the normal process.

There is no relay only entry available.

**ORDER OF EVENTS – Session 1 - Saturday, 10:30 a.m., June 21, 2025**

- 20. 1500 meter Freestyle
- 21. 800 meter Freestyle

**Swimmers may not enter both events 20 and 21. Positive Check-in will be required and swimmers must provide their own counters at the turn-end of the pool.** Swimmers entering event #20 will automatically have their splits entered to their record for the 800m Free. Again, Event #20 swimmers do not need to provide a split request for an 800m time. Entries for event #20 will be limited to 20 swimmers and event #21 will be limited to 20 swimmers on an as received basis in Club Assistant. A “wait” list of swimmers who are shut out of event #20 or event #21 at the time of registration will be maintained and those swimmers will be contacted for their desires in the order received on Club Assistant as scratches are received. Please be responsive to the incoming contacts for wait list as others will be waiting and you may be by-passed if no interest is shown within two days of transmission of an email.

**ORDER OF EVENTS – Session 2 - Sunday, starting no earlier than 12:30pm, June 14, 2026**

**The 400m Freestyle, Event #6, will be limited to only 40 swimmers, a wait list will be in effect. The 400m IM, Event #8 will be limited to 30 swimmers, a wait list will be in effect. Counters are not authorized for these events in accordance with USMS Long Course rules.**

Saturday June 13th

- 1) 200m Freestyle Relay (M, W, and X)
- 2) 200m Medley Relay (M, W, and X)
- 3) 100m Breaststroke
- 4) 200m Backstroke
- 5) 50m Butterfly
- 6) 400m Freestyle (Only 40 Swimmers)
- 7) 50m Breaststroke
- 8) 400m Individual Medley (Only 30 Swimmers)
- 9) 50m Backstroke
- 10) 100m Butterfly
- 11) 800m Freestyle Relay (M, W, and X)
- 12) 200m Breaststroke
- 13) 50m Freestyle
- 14) 200m Individual Medley
- 15) 100m Freestyle
- 16) 200m Butterfly
- 17) 100m Backstroke
- 18) 200m Free
- 19) 400m Medley Relay (M, W, and X)

Sunday June 14th distance events of

- 20) 1500 free
- 21) 800 free

**MEET DIRECTOR:** Nathan Bourke: Contact at [nabourke@buffalo.edu](mailto:nabourke@buffalo.edu)

**Meet Course: 50 Meters**

**Saturday, June 13, 2026 - Session 1 - Saturday**

Warm-ups start at 10:00 AM

Meet Session starts at 10:30 AM

#	Sex		Event	
1	Mixed	(M/W/X)	200 M	Free Relay
2	Mixed	(M/W/X)	200 M	Medley Relay
3	Mixed		100 M	Breast
4	Mixed		200 M	Back
5	Mixed		50 M	Fly
6	Mixed		400 M	Free
7	Mixed		50 M	Breast

#	Sex		Event	
8	Mixed		400 M	IM
9	Mixed		50 M	Back
10	Mixed		100 M	Fly
11	Mixed		800 M	Free Relay
12	Mixed		200 M	Breast
13	Mixed	(M/W/X)	50 M	Free
14	Mixed		200 M	IM
15	Mixed		100 M	Free
16	Mixed		200 M	Fly
17	Mixed		100 M	Back
18	Mixed		200 M	Free
19	Mixed		400 M	Medley Relay

Sunday, June 14, 2026 - Session 2 - Sunday

Warm-ups start at 12:30 PM

#	Sex	Event	
20	Mixed	1500 M	Free
21	Mixed	800 M	Free

**Note: If paying by credit card, your credit card statement will reflect a charge from "USMS NIAGARA DISTRICT."**

Online Registration is in 'Build' Mode.

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Upcoming Niagara LMSC Swim Competition Schedule

[Sunday, March 22, 2026 - 2026 Binghamton University Masters Swim Meet](#)

[Sunday, April 12, 2026 - 27th Annual Ithaca Masters Meet at Ithaca College](#)

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